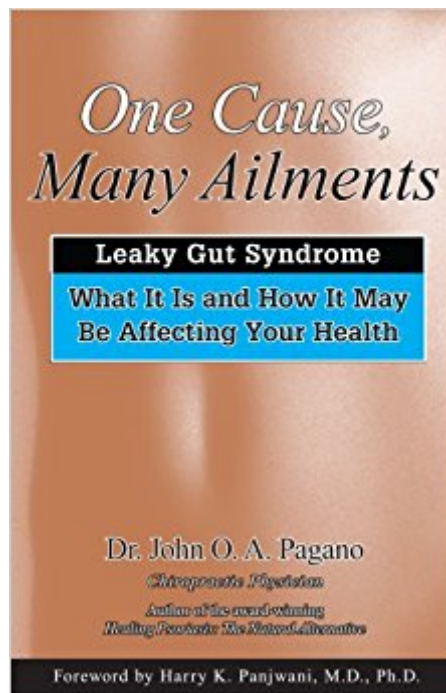




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# One Cause, Many Ailments: Leaky Gut Syndrome: What It Is And How It May Be Affecting Your Health



## Synopsis

It's an odd name, but we've all heard of a broken leg, a bleeding ulcer, a ruptured appendix, a torn ligament - but a leaky gut? Although it has been known in the field of gastroenterology the Leaky Gut Syndrome seems like one of the best-kept secrets. This condition has slowly come into focus as a possible cause of many other conditions. New light has been shed on health problems that were once considered "unknown" or "incurable." This easy to understand yet very detailed book provides astonishing answers and remedies to this condition. Dr Pagano uses his experience as a physician to show that the Leaky Gut Syndrome is something to be taken seriously and not brushed aside as an interesting but unimportant theory.

## Book Information

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## Customer Reviews

Dr. John O.A. Pagano is a chiropractic physician from Englewood Cliffs, New Jersey, who for forty years has conducted research on the natural healing of psoriasis and eczema, conditions that afflict millions of people throughout the world. Dr. Pagano is author of Healing Psoriasis: The Natural Alternative, based on the Leaky Gut Syndrome. In 1995 he received the HERO Award by the New Jersey Counseling Association for his unprecedented work in the natural healing of psoriasis. Dr. Pagano has appeared as a featured guest on CNBC's America's Talking, Alternative Medicine, WABC TALKRadio hosted by Alan Colmes of Fox News Hannity & Colmes, WOR's Dr. Ronald Hoffman Show, and on many cable TV stations. Dr. Pagano has presented his work at the United Nations and before the Dalai Lama and 500 international physicians at the First International Conference on Holistic Medicine in Bangalore. He lives in Englewood, NJ.

I have psoriasis and bought this book along with Pagano's other book Healing Psoriasis: The Natural Alternative and it makes total sense. I now understand how I got this disease and how to get rid of it. I have seen improvement after following the diet and regimen prescribed in the book. Its only been around 2 months that Ive followed the diet and only now im beginning to get results. Yes it requires patience and faith and sacrifice of foods that you love but its all worth it. I am by no means clear of this disease but i know that i am on the way to healing. Your skin does get worse before it gets better and ive experienced the "die off" period 2 times already so dont be discouraged, just cntinue the program. Seeing the photo results in the book provides me with hope that I too can be clear just like these people who faithfully followed the regimen.Buy this book, it is a God send and you will never fear this disease again, but will have confidence in combating it!You can be healed, this book has the answer so stop looking elsewhere. The longer you stay on the regimen and diet the longer you will stay "cured".Very satisfied with this book!!

For many years I have been an A.R.E. member and read many of Edgar Cayce's readings, I never made the connection with the digestive disruptions, spastic colon, upset stomach, etc.that I had experienced my whole life with the Nightshade issue and damage to the intestinal wall damage(i.e.Leaky gut syndrome) This diet has allowed me to heal, and given me the information I had been lacking to control my diet and it's after effects. Thank you Dr. John Pagano, and thank you Edgar Cayce!

I'm not sure what I was expecting from this book. As far as a description of LGS and the other diseases/conditions that have been linked to it (ESPECIALLY skin conditions), it was very informative (though nothing that I did not already know). But, I was expecting the sections on healing to be of more use.I'm sure that this book is excellent for those people who are not allergic to much of the suggested diet, but as a person who has multiple severe food allergies and is following a strict rotation diet, the "cure" offered is of very little use. Unfortunately, I am highly allergic to the main remedies given for candida (they are commonly suggested for that condition): garlic and olive oil.If you do not have multiple severe food allergies, or if you are only allergic to wheat or gluten (if you have Celiac, in other words) then this book will likely be of great help to you.I am writing this review for anyone else with multiple severe food allergies so that you will know beforehand that the healing diet may not be of any use to you.

By following Dr.Pagano's regimen and using his other book "Dr'John's healing psoriasis coobook

plus...! I improved my atopic dermatitis dramatically and finally can live like a human being once again, I know I will cure myself eventually but it will take months, have no doubts that this is probably the only way you will ever be able to cure yourself from Psoriasis or eczema and probably many many other ailments caused by the LGS, you are what you eat, that is for sure. Healing and blessing to you, get the book what are you waiting for?

Finally all the information available in one book...for all those who have taken NSAIDs and drank a sugary fructose drink like Ensure you now know what's wrong with your digestive system and have a name for it. Very informative and helped in getting the digestive system back on track.

After reading healing psoriasis , I had to read this. I am very pleased with the results I have seen when I changed my diet and lifestyle with these recommendations.

There is a lot of information in this book, but some of it controversial. Many people are having digestion problems now, IBS, SIBO, and more. I found that many of these problems are self inflicted, not enough water, exercise, too many anti-acids, colonics, enemas, over medicate with laxatives, all very unhealthy. I read this because a family member has SIBO, and we need answers. There is so much information out there, much of it leads people astray. This book points that out, and they are good for that. Someone recommended this book to me. I think a lot in this book is very helpful, it's not plugging anything that is unnatural, it does outline healthy habits, so I do like it for that. But I don't think it's the end all gastric fix that people may be looking for.....but helpful definitely YES.

Was told that this book may have the answer to "Grover's Skin Disease". Although it didn't call out Grover's Disease specifically, it wasn't hard to connect the dots and I now have cured my Grover's Disease and I would safely say that it has actual cures for many other skin diseases.

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Autoimmune Diseases, Fibromyalgia, Multiple Sclerosis, Autism, Psoriasis, Diabetes, ... & More (Digestive Wellness Book 2) Leaky Gut: 25 Easy Homecooked Healing Recipes For Thanksgiving & The Holidays: It's Time To Heal Your Leaky Gut With Easy To Prepare, Delicious Food! Eat Dirt: Why Leaky Gut May Be the Root Cause of Your Health Problems and 5 Surprising Steps to Cure It Heal Your Leaky Gut: The Hidden Cause of Many Chronic Diseases Resistant Starch: The Resistant Starch Bible: Resistant Starch - Gut Health, Fiber, Gut Balance (Gut Balance, Glycemic, Natural Antibiotics, Dietary Fiber, SIBO, Soluble Fiber, Healthy Gut Book 1) The Essential Handbook to a Healthy Gut: How a Leaky Gut Impacts Your Entire Body and How to Make It Healthy Once Again The Leaky Gut Report: How to heal your gut naturally - The ultimate guide for fighting anxiety, autoimmune disease, heart palpitations, food allergies, fatigue and more I Was Poisoned By My Body: The Odyssey of a Doctor Who Reversed Fibromyalgia, Leaky Gut Syndrome, and Multiple Chemical Sensitivity - Naturally! Chronic Fatigue Syndrome And Your Emotions: How To Successfully Treat Chronic Fatigue Syndrome In The Natural Way-A Key For Recovery (Chronic Fatigue Syndrome, ... Syndrome Fibromyalgia, Lupus, Book 3) Dr. M's Seven-X Plan for Digestive Health: Acid Reflux, Ulcers, Hiatal Hernia, Probiotics, Leaky Gut, Gluten-free Gastroparesis, Constipation, Colitis, ... & more (Digestive Wellness Book 1) Dr. M's Seven-X Plan for Digestive Health: Acid Reflux, Ulcers, Hiatal Hernia, Probiotics, Leaky Gut, Gluten-free, Gastroparesis, Constipation, ... & More (Digestive Wellness) (Volume 1) Clinical experience of Irritable Bowel Syndrome: Brain-gut axis versus gut-brain axis Autoimmune: The Cause and The Cure (This book identifies the cause & the cure for: Chronic Fatigue Syndrome, Fibromyalgia, Lupus, Rheumatoid Arthritis, Raynaud's, Rosacea, Myasthenia Gravis, Hashimoto's, Type 2 Diabetes, Multiple Sclerosis, Sjogren's, and more) The Gut Makeover: 4 Weeks to Nourish Your Gut, Revolutionise Your Health and Lose Weight The Gut Health Protocol: A Nutritional Approach To Healing SIBO, Intestinal Candida, GERD, Gastritis, and other Gut Health Issues The Gut Balance Revolution: Complete Digestive Health Program for a Healthy and Clean Gut (Abdominal Health Book 6) Food Symptom Diary: Logbook for symptoms in IBS, food allergies, food intolerances, indigestion, Crohn's disease, ulcerative colitis and leaky gut (pocket size)

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